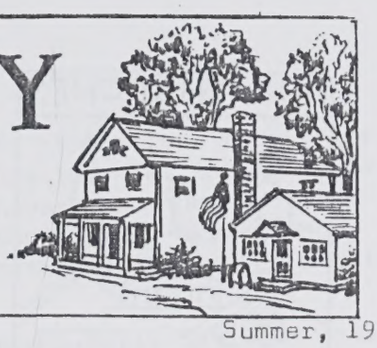
MONTEREY LIBRARY
3 7442 0003 7612 0

MONTEREY NEWS



Summer, 1978

O U R T O W N

New Appointments by Selectmen

Howard Kolodner was appointed to replace Osborne Dugan as a Board of Appeals Alternate. Mr. Dugan will replace Tom Gillis, who resigned from the Board of Appeals. His appoin ment is for one year, renewable by election at the annual Town Meeting. Stefan Grotz was appointed Chairman of the Board of Health. Arnold Hayes will replace Wallace Tryon as Caretaker of Soldiers' Graves. To compensate for Tom Gillis' retirement and one other expired term on the Conservation Commission, Art Hastedt and Ellen Pearson were appointed. Ruth Champigny will replace Margaret Cummings as a Democratic Election Officer. Vivian Bynack will fill the space vacated by Ruth as an Assistant Election Officer. Tony Reed will replace Arthur Phillips, who resigned as Field Driver. Fran Amidon replaces Margaret Pasche as a Republican Registrar of Voters.

Librarian Resigns

Newman Abercrombie, Monterey's librarian for the last fifty-four years, has been forced into retirement at the early age of eighty-six by a recently diagnosed illness which will require him to take it easy. In a letter of tribute from the Monterey Board it was acknowledged that "neither a simple thank you nor the small salary for this position can ever recompense the immeasurable contribution which you have made to this community." There was appended the following quotation:

> Dreams, books, are each a world; and books, we know,
> Are a substantial world, both pure and good.
> Round these, with tendrils strong as flesh and blood,
> Our pastime and our happiness will grow.
>
> -- Wordsworth, Personal Talk

The Lakes

The Lake Buel Association is in the process of getting figures together on various methods to dam up and pump water out of Lake Buel during the winter. The Association is pursuing funds on both the state and federal level. New Marlborough, Monterey and the Lake Buel Association are in cooperation in this effort. Meanwhile, commercial harvesting is being done periodically to hold down lake weeds this summer. This work is privately financed. Fred Vorck of the Lake Buel Association reports that weeds in Lake Buel are "worse than ever."

On the bright side, Selectman Tom Bradley proclaimed blithely at a recent Selectmen's Meeting that Lake Garfield is "crystal clear." The winter drawdown has for the second year in a row had the desired effect.

The Lake Garfield Association wishes to publish a set of rules pertaining to lake safety which are taken from the State Boating Laws of the Commonwealth of Massachusetts:

1) Every motorboat shall carry at least one Coast Guard approved life preserver for each person on board. 2) No person shall operate any motorboat under the influence of liquor or drugs. 3) No person shall operate a motorboat or use waterskis so as to endanger the safety of the public. 4) No waterskiing in the nighttime. 5) All motorboats must be operated at a safe distance to prevent wash and cause rocking to other boats, rafts, floats or bathing beaches. A safe distance is considered 150 ft. 6) No waterskiing without a competent person, in addition to the operator, to observe skier, and unless equipped with a ladder. 7) A person operating a motorboat shall not permit anyone to ride or sit on gunwales or on the deck. 8) Sailing craft have the right of way. 9) All vessels keep to the right in narrow channels.

Things that individual land and lake front owners can do to improve our lake, and deter weed growth: 1) Gradually remove deciduous trees from the edge of the lake. 2) Don't use fertilizer near lake. 3) Don't use phosphates in any soaps in lake area. 4) Clean weeds from lake whenever possible. 5) In general, reduce nutrients going into lake. 6) Dredge mud from shore areas.

(continued on Youth page)

CATHOLIC NEWS

Mass Saturday, 7:00p.m., at Our Lady of the Hills Chapel, Monterey.

UNITED CHURCH OF CHRIST

Notes — Morning worship, 10:30 a.m., each Sunday. . . . Baptized on July 2, Aldeth Mae Pullen, daughter of Mr. and Mrs. Steven Pullen and granddaughter of the Rev. and Mrs. Raymond Ward.

Parish Council Explorations — The Parish Council meetings on July 12 and August 9 are ones to which members of the summer community are especially invited. The emphasis is to spend as little time as possible on routine business and concentrate rather on discussions related to the current spiritual revolution, seeking ways in which the Church may more effectively position itself toward this new revolution of the spirit. An issue also is an examination of the ways in which Monterey is changing, and the search for ways in which this may call for a re-examination of the style of ministry in the Monterey Church.

Stewardship Emphasis — The time set for the stewardship emphasis in the Monterey Church is August 6. Preparations have been made by the committee, including the preparation of the proposed 1979 budget and a plan for education and enlistment.

Ecumenical Worship — The summer ecumenical worship this year has been set for August 13. This comes close to the end of the Monterey Summer Concerts. This will be an opportunity to celebrate the elements that bind Monterey together in community, while at the same time affording a large measure of freedom and choice for the citizens of Monterey.

S K E P T I C I S M

We do not believe in fairies,
We hard-headed, practical creatures;
We absolutely disclaim
These gossamer-skirted dancers
said to revel by night
In the heart of the cool green hills.
And those who claim to have seen them,
To have heard their incredible music
And the eerie sound of their laughter
Are lightly dismissed
As fanciful dreamers.

But -- do you know?
I was once told by a fairy
They do not believe in us!
And some who claim to have seen
Man, the monstrosity,
Are treated with delicate scorn
By those vastly superior fairies,
Secure in the happy assumption
Of our non-existence.

Patricia Howard

FINDING A FOCUS THAT FREES

Part II

Last month I wrote about the strange dilemma that the healing professions face. The task of the healing arts had been to help people have good health. Yet the irony is this, that most persons working in the healing professions have been seduced, trapped, betrayed (select your own word) into spending most of their time, energy and thought on illness. We end up knowing more about the dysfunctional than we do about good functioning.

Consider the experience of the physician. From morning to night he is besieged with people who have ailing hearts, aching sinuses, high blood pressure, bleeding ulcers, upset stomachs, pus in the urine, infected ears, rash on the skin -- and the list has not even begun.

The logic of the situation instantly presents itself to the physician, "What can I do to ease the strain on the heart, remove the sinus inflamation, reduce the blood pressure, stop the ulcers from bleeding, quiet the stomach, clear up the infection in the urinary system, stop the ear infection and make the skin rash go away." It is no wonder that his mind learns to think in terms of arresting dysfunctional processes -- and how common the tendency to reach for a drug as the quickest way to reduce what is going wrong. Perhaps the physician himself would say that he is pressured into finding quick relief. Alas, the whole process may end up betraying the thing he most of all would like to do, namely, to study more thoroughly the fundamental processes from which health springs. Strangely enough, the physician is so driven to reduce the effects of illness that he hasn't been able to give as much attention as he might to the effects of nutrition, environment, attitude and the many other factors which play into maintaining health in human beings.

If the physician is pulled into focusing most of his energy on the dysfunctional, the psychotherapist is just as likely to find himself getting trapped in the same box. So it is true of almost all who work in the healing arts. My belief is that this is a tragedy we cannot afford to go on mindlessly perpetuating.

What makes this especially tragic is that we are now learning how radically true it is that what the mind focuses upon is what we are creating. Unwittingly, then, if I am focused upon dysfunction I am at an enormous disadvantage in finding the true course to health.

Since one of my roles in the healing arts has been in psychotherapy, let me address the remainder of my remarks toward the search for a form of psychotherapy that is focused on wholeness, rather than on the broken, fragmented character of illness.

A consideration of prime importance in developing such an approach calls for getting a larger perspective on our life drama than we usually employ. So many of the things that "go wrong" in the course of our lives need to be seen in the light of an even larger movement toward wholeness. Perhaps this can be illustrated in a pattern with which we are all familiar. When we get a fever it is a sign to us that the body is beginning to battle an infection. The first thought when fever comes is that we want it to go down. But wait a moment. Do we really want our temperature to go down when our body is combatting an infection? A second thought tells us that the fever is a perfectly right thing to have. It is indeed a part of the body's wisdom in seeking a healthy equilibrium.

As the fever is one of the "scenes" in the larger drama of health, so are many of the complaints the person brings to the psychotherapist. Here is the person saying to the counselor, "Our marriage is on the rocks. We are in big trouble." These are words of great distress. It looks as if chaos were descending. Yet, time and again. it turns out that the very disordering of a marriage becomes one "scene" in the larger drama of the marriage. It is a necessary part of finding a new and better order than had prevailed. The very breakdown and pain the marriage partners experienced become an integral part of the growth in each of the persons, plus bringing a better marriage than they had before. How many are the people who bear witness that such times of darkness are inescapably a part of their search for the light.

How important to the process of psychotherapy that both the patient and the doctor find ways to acknowledge this larger view of the way health comes to us. How tragically we stumble through the fog if there is no way to include the darker passages throough life as a part of the way we find the light! How sadly we malign, betray and beat ourselves down when we have no way of including the things we say are "wrong" with us as a part of the pilgrimage toward our fuller personhood!

I fully recognize that most of us in the healing arts, as well as those seeking healing, have a lot of work to do in getting away from our fascination with and absorbtion in illness. Yet I hope this article and the one last month may help each of us to take one step further toward a philosophy of wholeness. Indeed I feel this issue is so critical that I would appreciate hearing of ways others are working and thinking in this same area.

Virgil V. Brallier, Minister
Monterey United Church of Christ

On Saturday, July 8, a special meeting of associates and directors was held at the Farm to consider its general situation and fiscal policy. The meeting convened at 10 a.m. and lasted until 4 p.m., adjourning briefly for lunch. President Paul Kennedy led the opening devotional period and presided for the day. There was discussion of current problems and of future plans. Support and approval were expressed for the present program, including the operation of the Roadside Store. Further expansion of guest activities was endorsed. The annual meeting of associates and directors will be held at the Farm October 14.

For the eighth consecutive year, the Rev. Richard Lindgren of Fairfield, Connecticut, led a youth group of Lutheran Church representatives for a retreat at the Farm, from June 25 to July 5. There were six high-school students from Fairfield and from Brockton and Reading, Massachusetts. They painted the outside of Bluebird Cottage, during the absence on vacation of the Hugh Chapman family. They weeded the big garden, washed dishes, led a Sunday night service in the main house living room, took part in the Saturday night dance, attended a Tanglewood concert and were active in numerous other ways. They seemed to enjoy their ten-day visit and gave pleasure to all of us here.

Each summer, and in fact throughout the year, there is a turn-over of young staff, as well as of guests. As we regretfully say goodbye to several staff members upon whom we have come to depend, we welcome new volunteer workers and others serving for a small stipend. Last month we gained two young men, at least for a time. This month we have added three young women who are here for an indefinite stay. Diane Alexuk, from Holyoke, Massachusetts, plans to graduate in January from North Adams State College. She is at the Farm under the college's cooperative education program, through which she heard of Gould Farm. Beverly of North Manchester, Indiana, was a staff member in 1975, through the volunteer program of the Church of the Brethren. She has her B.A. in Arts from North Manchester College and has recently been teaching at a Navajo Methodist School in Farmington, New Mexico. Karalee Muller from Rhinebeck, New York, is a graduate of Oneonta College, with a philosophy major. She became acquainted with Gould Farm when her sister, Kathy, worked here a few years ago.

On June 23 the Roadside Store on Route 23 opened under Gould Farm Management. The staff member in charge is Bretta Oellig, who is in her third year at the Farm. Several staff members and guests are assisting her, so that no one person must put in an eleven-hour day. Eggs are now sold at the store instead of at the main house. Garden produce is available as it comes into season. At present we have lettuce and radishes. Occasionally there is home-made bread and even pies. Breakfast and lunch are served. Business is good, they say!

Rose McKee

The 1978 annual meeting of the Monterey Historical Society will be held on July 22 at 8 p.m. in the museum. After a short business meeting Mr. and Mrs. Anthony Boutard will be our speakers. Mr. Boutard is naturalist at Bartholomew's Cobble and his wife is curator of the Col. Ashley House in Ashley Falls.

It is with regret that we have accepted the resignation of Wallace Tryon as vice-president. Jim Pearson was appointed by the directors to fill that position, leaving a vacancy among the directors. The nominating committee presents the name of Mrs. John Camp (Betsey) to fill the vacancy, and Beatrice Phillips, whose current term expires, to continue for another term.

At last the old marble plaque has been replaced at the dam. Work is finished on the bench and it is being enjoyed daily by people taking photographs of the lake or merely resting there.

Sally Fijux

MONTEREY GRANGE #291

Re-elected as Master on June 21 was John Lossin. There was a short Educational Aid Program by Beatrice Phillips.

On July 2 a very successful pancake breakfast was held.

The next meeting will be July 19. The theme of the program will be "Wagon Wheels Music of Pioneer Days."

Ethel Warner and the Conservation Committee, with the help of Rick Mielke, planted two yew trees at the Park.

Mary Wallace
Lecturer

BOY SCOUTS

Cub Scouts

Pack 51 cleaned the cut weeds from the Lake Buel shore line. The Scouts also had Olympics Day at the New Marlborough playground. The winners from the two groups were: 1st group - Kirven Blount and Shawn Smith; 2nd group - Ralph LaRosa and Robert Johnston. The competition was standing broad jump, overhand softball throw, push-ups, sit-ups and 50 yard dash. The Scouts also had an end of the year Pack Meeting in the church basement. Leonard Weber presented Keith Amstead with the Forestry Badge.

LITTLE LEAGUE

End of July schedule for the Monterey Yankees:

Wednesday, July 19 -- Yankees at Indians
Monday, July 24 -- Red Sox at Yankees
Sunday, July 30 -- ALL-STAR GAME AT MONTEREY

"Our Town" -- continued from page 1

Fire Department Picnic

Tickets are going fast for the Fire Department Steak Roast July 29. Firemen wish to remind people that there will be hot dogs and hamburgers at 50¢ each for those who don't want to buy their children (or themselves) a $7.50 steak dinner. Drinks, hot dogs and burgers will be on sale most of the day. The steak dinner is from 4:00 to 6:00 p.m. Call any member of the Fire Department for more information.

Parks Commission News

There is a water fountain in Greene Park which, after ten years of inactivity, is once again providing water for thirsty ball-players and passers-by. Ten years ago, as the story goes, the bubbler top to the fountain was removed for the winter and subsequently lost. This year a new bubbler top has been purchased and the fountain is going again.

Monterey Pre-School Playgroup

The pre-school playgroup for Monterey children and their parents will continue through July at McKee House at Gould Farm, Wednesday mornings from 9:30 to 11:30. The playgroup offers supervised play and lots of toys for children from six months to five years old.

Every other week the Children's Health Program Nutritionist visits the group with simple, tasty food to prepare with the help of the children. It is an opportunity for children to grow through meaningful play with their peers. It also gives parents a chance to visit with friends and neighbors regularly.

The playgroup is open to all Monterey residents and summer residents in the area. McKee House is a gray house on the left side of the road, coming from the landfill site. The group meets in a large basement which is cool and roomy. For more information call 528-9311.

Book Sale on July 29

The Monterey Library will hold a book sale on July 29 from 10:00 a.m. to 2:00 p.m. It will be held on the library lawn, or in the basement in case of rain.

Monterey Concert Series

A new approach to celebrating the arts in Monterey is happening in the concert series scheduled to begin on Tuesday, July 18. Five concerts are scheduled on successive Tuesday evenings at 8:00 p.m. They are as follows: July 18 -- John Newell, piano recital; July 25 -- Chester String Quartet, Yale Music Program, Norfolk, Connecticut; August 1 -- Ensemble: Lawana Idol, soprano, James Phelan, horn, John Newell, piano; August 8 -- Susan Allen, harp recital; August 15 -- Ensemble: Armand Ambrosini, clarinet, Eugene Friesen, cello, John Newell, piano.

Each concert is to be followed by a reception in order to meet the musicians and also to present a display of some interesting part of Monterey's life. On July 18 the display is entitled Nostalgia and is to feature old photos of Monterey, as well as artifacts of an earlier day in Monterey. Later displays will feature Arts, Crafts and Flower arrangements in Monterey.

Donations for adult tickets are $10.00 for the series, $5.00 for children under 12, and single concerts $3.00. For information or reservations call 528-9098 or 528-4142.

Illuminated Drawings at Community Supper

The July Community Supper is to be on Wednesday, July 26, at 6:30 p.m. The program is to feature the illuminated drawings of John von Kadich. They will be shown and the process by Mr. von Kadich. This is a rare art dating back to the middle ages -- but the great surprise is to find it still alive in Monterey at the present time.

The Community Suppers are held in the social room of the Monterey Church and all are invited. Those attending are asked to bring a salad, a covered dish or a dessert. Here is an opportunity to know more about one of our fascinating neighbors and to enjoy eating with friends. We'll be expecting you.

A C K N O W L E D G M E N T S

Contributions continue to the MONTEREY NEWS. We are very grateful. This month we are indebted to Mrs. Shirley Baum, Mrs. Howard Colt, Dr. & Mrs. Albert Danielsen and Mrs. Eleanor Rigali.

A D V E R T I S E M E N T S

SUMMER RENTAL

4 bedrooms and den, 2 bathrooms, fireplace, grand piano, 26 acres outside on a brook. Now to late in fall. Box 357, Monterey

FOR SALE

Lovely year-round home on Route 23 opposite Nenton Pond in Otis. 8 wooded acres, second year-round building. Low taxes. 269-4667

BROOKBEND APARTMENTS

Spacious modern one-bedroom apartments planned for enjoyable adult living. Sorry, no pets.

Call Robert Ensign 528-4296
or write Box 204, Monterey

S T A F F

Editor: Patricia Howard
Assistant Editor: Ellen Kirven Pearson
Managing Editor: Virgil Brallier
Youth Editor: Pam Gauthier
Art Editor: Edith Wilson
Circulation Manager: Gertrude Gould
Consultant: Margery Mansfield Janes

UNITED CHURCH OF CHRIST
MONTEREY, MASSACHUSETTS
01245

Non-Profit Org.
U.S. Postage
Paid
Monterey, Mass.
Permit #2